

Cadette Summit 2024

Overnight Participant Information Packet

We are so excited that you are coming to Camp Ledgewood for this amazing experience! Important information about the Cadette Summit can be found below, so please take the time to read and digest this information.

Coordinators of Outdoor Girl Experience: Beth Stokley, bstokley@gsneo.org
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Cadette Summit Volunteer Director: Kitra Woodall, kitrawoodall@yahoo.com
Registration Questions? Customer Care, customercare@gsneo.org

Event Information

Date: Friday, May 17- Sunday, May 19, 2024

Location: [Camp Ledgewood](#), 7047 Akron-Peninsula Rd., Peninsula OH 44264

Check-In: Friday, May 19, from 6:00 - 7:00PM at Chickadee Program Center

When you arrive, please follow the signs directing you to the parking area. Follow directions given by volunteers upon arrival regarding check-in. For check-in, please bring all necessary forms (found below) and medicines in their original bottles (if necessary for the weekend). **No medicine will be allowed to stay in units.**

- Every girl must be accompanied by either a parent and/or Troop Leader/Advisor in order to check in.
- Due to safety and security concerns, if your daughter/ward must leave camp for any reason, she will not be permitted to return.
- Special arrangements must be made for late arrivals. Please contact Donna DeFiore to discuss.

Forms Needed: Both adults and girls must complete and bring

- [Personal Health and Medical Record Form](#)
- *New High Risk Form*

Check-Out: Sunday, May 21 from 10:00 - 11:00am at Chickadee Program Center.

Caregivers, park and come to Chickadee Program Center. Girls will only be released to the designated adult indicated at check-in. **A photo ID must be presented to pick up your child(ren).**

Accommodation: Participants will receive their site assignment upon arrival. Please note that covered wagons, tents and adirondacks each only hold four beds. Bunk selection occurs on-site on a first come, first choose basis. Also note that this is not a "troop" event, so it is not guaranteed that a troop will remain together. No troop adult working as a volunteer will remain in the same unit as their troop.

All about the Summit!

Overview: Every year, Camp Ledgewood hosts Cadette Summit- a weekend all about Cadettes! In this action-packed weekend, Cadettes head to camp and choose their own adventure. This program offers girls an opportunity to develop their independence, time management skills, enjoy all that Camp Ledgewood has to offer, and make new friends from all over GSNEO's footprint.

Program: All girls choose a Track of five programs upon registration for the Cadette Summit on a first-come, first-choice basis. Girls should know their program choices before arrival to pack accordingly.

Cadette Summit Schedule of Events *(subject to change):*

- Friday, May 17
 - 6:00pm - 7:00pm Girl Check In
 - 7:00pm - 8:00pm Get to Know You Activities
 - 8:00pm Info Meeting - Expectations
 - 8:30pm - 10:30pm Snack in Unit
 - 11:30pm Lights Out
- Saturday, May 18
 - 7:00am-7:30am Breakfast A
 - 7:35am-7:45am Flag
 - 7:45am - 8:15am Breakfast B
 - 8:30am - 9:45am Program Session 1
 - 10:00am - 11:15am Program Session 2
 - 11:30am - 12:00pm Lunch A
 - 12:15pm-12:45pm Lunch B
 - 1:00pm - 2:15pm Program Session 3
 - 2:30pm - 3:45pm Program Session 4
 - 4:00pm - 5:15pm Program Session 5
 - 5:30pm – 6:15pm Dinner A
 - 6:15pm-6:25pm Flag
 - 6:30pm- 7:15pm Dinner B
 - 7:30pm - 10:00pm Evening Program
 - 10:30pm Evening Snack at Units
 - 11:30pm Lights Out
- Sunday, May 19
 - 7:00am - 9:00am Breakfast
 - 9:00pm - 10:00am Clean Up
 - 10:00am - 11:00am Girl Check-Out

Add-Ons: Boxed Dinners and Cadette Summit 2024 t-shirts are available for an additional charge to be picked up during check-in. The JotForm for all options can be found on the Cadette Summit Webpage.

First-Aid/Medication: We have RNs attending for the entire program. All medications, including adult medications, must be turned in during check-in so they can be kept locked up for the duration of the weekend. All medications must be in their original container.

Emergency Contact: Throughout the event, please call Camp LedgeWood at 330-650-4743.

Please note that no child will be released to her caregiver at any time during the program without prior contact and communication with the camp staff, call Camp LedgeWood at 330-650-4743.

Packing List

For Check-In:

- _____ Personal Health and Medical Record Form **requires 3 signatures*
- _____ Activity Consent, Hold Harmless and Release Agreement **requires initials in several spots and signature on back*
- _____ Medications in original container (all medications, even over-the-counters, must be checked in with the nurse)

In your Duffle Bag:

Having fun at camp sometimes means getting dirty. PLEASE do not send new clothing!

- _____ Underwear & sleepwear
- _____ 3 Complete changes of clothes
- _____ Socks, plus extra ones (campers are required to wear socks and closed-toe shoes at all times)
- _____ Closed-toe shoes
- _____ Boots- waterproof or rubber. It may be muddy and wet!
- _____ Laundry/plastic bag for dirty clothes
- _____ Heavy raincoat and/or poncho (activities continue in the rain)
- _____ Sleeping bag and/or sheets and a blanket
- _____ Pillow
- _____ Watch
- _____ Towel & washcloth
- _____ Flip Flops (can only be worn only at the Pool)
- _____ Shower caddy including:
 - _____ Toothbrush & paste
 - _____ Shampoo & soap
 - _____ Brush/Comb
 - _____ Feminine care items (if necessary)

In your Day Bag/Back Pack:

- _____ Sunscreen (non-aerosol)
- _____ Bug spray (non-aerosol)
- _____ Hat
- _____ Flashlight & extra batteries
- _____ Water bottle (refillable)

Special items for specific programs:

If you are registered for the following activities, you **MUST** bring these additional items

- **High Ropes OR Zip Line:** long pants
- **Canoe:** Extra set of clothes or a towel recommended
- **Tie-dye:** Participants are encouraged to bring 1-2 items they wish to dye: white t-shirts, hoodies, socks, shoes, pillowcases, bandannas, hats, scarves, etc. and at least one black or dark colored shirt as well. ***Pre-washed items without fabric softener, 100% natural fiber -cotton, silk, etc. have the best results.*

Phones at Camp:

Like any other expensive or sentimental item, phones are highly discouraged at camp. Camp is an unpredictable outdoor environment; Cadettes should only bring items that are okay to get muddy or lost. Leaving phones at home will also allow your Cadette to focus on the programming and being “in the moment” while at camp. Charging facilities will not be available at camp.

If your Cadette does decide to bring her phone and contacts you to ask for forgotten items or to leave early, caregivers **MUST** contact the camp staff onsite. For safety reasons, no persons will be allowed on camp property without the prior approval of the camp staff.

GSNEO volunteers and staff are not responsible for lost, damaged or stolen items.