

Girl Scout Princess Song

(To the tune of *I'm a Little Teapot*)

I'm a princess Daisy (*put hands in triangle on top of head to make a princess crown*)

Strong and proud (*make muscles with arms*)

Here is my ring that sparkles when I sing (*put hand in front to show off bracelet*)

When I meet my friends I say, "How do you do?" (*shake hands with person next to you*)

I play with fairies and ogres too (*cross thumbs and wave fingers like fluttering fairy wings*)

Princess Games

The Royal Ball Relay

Have the girls stand in a line or circle (break up into smaller groups if needed.) Have the first girl perform a basic dance move, such as a twirl, swaying her hips, waving her arms, stepping side-to-side, etc. The girl next to her should mimic that dance move, and then add one of her own. When they make it down the line, everyone should perform their new dance routine together one last time. If you are able to play some music for the girls to dance to, it's even more fun!

Fairy Godmother May I?

The Fairy Godmother stands at one end of a room with her back to everyone, while all the other girls line up at the other end. The girls take turns asking, "Fairy Godmother may I ____?" and make a movement suggestion. The Fairy Godmother either replies, "Yes, you may" or "No, you may not do that, but you may ____ instead" and inserts her own suggestion, so that the girl either moves closer or farther to the Fairy Godmother. The game ends when the first girl reaches the Fairy Godmother. That girl then becomes Fairy Godmother for the next round.

Movement suggestions:

- Take (#) steps forward
- Take (#) giant steps forward (usually a small number, due to large step size)
- Take (#) baby steps forward (usually a large number, due to tiny step size)
- Hop forward like a frog, (#) times
- Crabwalk forward for (#) seconds
- Twirl forward (#) times
- Jump forward (#) times
- Take (#) steps backward
- Walk backward until I say "stop"

Princess Daisy Story

Have girls sit on the floor in front of you. Get their attention, and ask:

If you were a princess who ruled a kingdom, what would you do to make the world a better place?

Call on a few girls to share their answers. Then say:

We are going to read a story about a princess named Daisy. I am going to give you a special word that will be in the story. When I read that word, you need to stand up, turn around, and sit back down.

Give out special words. Depending on the number of girls, each girl can get a different word or you can give a pair/group of girls the same word.

Special words: king, queen, bracelet, sparkle, elf, fairy, ogre

Now that everyone has their special word, let's practice. When I say your special word, stand up, turn around, and sit back down.

Say each special word and let the girls practice.

Now, there is one more special word. When I say "princess," EVERYONE needs to stand up, turn around, and sit back down! Let's practice that.

Is everyone ready?

Note for the presenter: the words in red are special words. Pause after them so the girls have time to do their movements and still hear the rest of the story.

Read the story:

Once upon a time, there was a **princess** named Daisy. Daisy was not a very nice **princess**. When her friends came over Daisy wouldn't share her toys. When Lady Rose moved in next-door, Daisy would not go meet her. When the cook made a new meal, Daisy was afraid to try it. The **king** and **queen** had been very patient with Daisy, trying to teach her to be nice, and encouraging her to try new things and meet new people, but Daisy just wouldn't.

One day the **king** and **queen** gave Daisy a beautiful **bracelet** and said "Daisy, it is time you learn to be a true **princess**. We are going to send you on a magical journey. Each time you learn a lesson your **bracelet** will **sparkle**. When it **sparkles** three times, you will have learned how to be a true **princess** and will come home." With that, Daisy blinked, and she was whisked away to a magical forest.

Daisy looked around – she didn't know where she was or how she got there, but she remembered what the **king** and **queen** said, so she started walking down the path, hoping her **bracelet** would **sparkle** soon. After a while, she heard music playing. Daisy rounded a bend and saw all sorts of magical creatures having a party. There were **elves**, **ogres**, and **fairies**. Daisy peered out from behind a tree. What should she do? She didn't know anyone. She remembered when Lady Tulip moved into her neighborhood, her father the **king** had told her to introduce herself. She supposed she could try that. So she stepped out from behind the tree and went up to the nearest creature.

"Hello, my name is **Princess** Daisy," she said and held out her hand.

"Hello," said the **elf** shaking her hand. "I am Ellie **elf**. You must have a lot of courage to introduce yourself to someone new," Ellie said.

Daisy thought about that – she did have courage, just like her mom and dad, the **king** and **queen**. Just then, her **bracelet sparkled**.

"Have one of my crackers," said a gruff voice behind her. She turned to see a large **ogre** standing there with a bowl.

"**Princess** Daisy, this is **ogre** Grogg," said Ellie **elf**.

“Nice to meet you,” said Daisy, shaking his hand.

She looked at the crackers; they looked funny – they were blue and shaped like fish - but with her newfound courage, Daisy tried the crackers and found that they were good. Grogg said she could have some more. Daisy put a handful in her pocket.

“Do you sing?” asked **ogre** Grogg.

“Yes,” said Daisy, “Why?”

“Well then you must sing for us,” and Grogg grabbed her hand and pulled her into the center of the party.

Everyone stopped what they were doing and looked at her. Daisy looked around the circle. She knew she could sing, but could she do it in front of all these strangers? She closed her eyes and remembered what her mother the **queen** always said: “Just believe in yourself and do your best.”

“I can do this,” thought Daisy and she opened her mouth and sang a beautiful song. When she finished everyone clapped. Daisy felt good about performing and making everyone happy.

“Wow,” said Ellie **elf**, walking up to her, “are all **princesses** as confident as you?”

“You just need to believe in yourself,” Daisy said and with that, her **bracelet sparkled** for a second time.

Just then, Daisy saw a small **fairy** crying. Daisy walked over to her and said, “Hi, I am **Princess** Daisy. Why are you crying?”

“I got to the party late,” sobbed Farah **fairy**, “and now all of **ogre** Grogg’s crackers are gone.” Daisy remembered the crackers she had in her pocket. They were so yummy and she was still hungry, but Farah **fairy** looked very sad.

Daisy reached into her pocket and took out her crackers. “Here, why don’t you have mine,” she said.

“Really? Wow!” said Farah **fairy**, smiling. “Are all **princesses** as nice as you?”

“I am learning to be,” said Daisy. She looked at Farah and thought about how good it felt to share.

“Well, you have true character,” said Farah, and with that, Daisy’s **bracelet sparkled** for a third time.

Daisy blinked, and suddenly she was back with her parents.

“Oh mom and dad, I have learned so much,” she said. “I should have the courage to try new things and meet new people, the confidence to always do my best, and the character to do what is right.”

“Daisy, we are so proud of you. You are now a true **princess**,” the **king** and **queen** replied.

Now **Princess** Daisy always remembers to play nicely and share, try all of the cook’s dishes – no matter what they look like, and best of all, to invite her new friends Ellie **elf**, Farah **fairy**, and **ogre** Grogg to play.

The End!

Use a few follow up questions to help girls understand the story and relate, such as:

Daisy learned she could make the world better through her courage, confidence, and character. Do you know what those words mean? What are some other ways that you can make the world a better place?