



Your Faith and Girl Scouts

Make the Connection



Everything in Girl Scouting is based on the Promise and Law. Take a look!
How do you think the world would be different if we really lived by the Law?

The Girl Scout Promise and Law

The Girl Scout Promise

On my honor, I will try:

To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

The Girl Scout Law

I will do my best to be

honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong,
and responsible for what I say and do,

and to

respect myself and others,
respect authority,
use resources wisely,
make the world a better place,
and be a sister to every Girl Scout.

Your faith and the Girl Scout Law probably have a lot in common! In fact, you can earn a special Girl Scout pin called “My Promise, My Faith” as you explore the connection between your faith and Girl Scouts.

The information about “My Promise, My Faith” is included in *The Girls Guide to Girl Scouting* and online at www.girlscouts.org/program/gscentral/mpmf/. The first thing you do for My Promise, My Faith is choose a line of law that means something special to you.

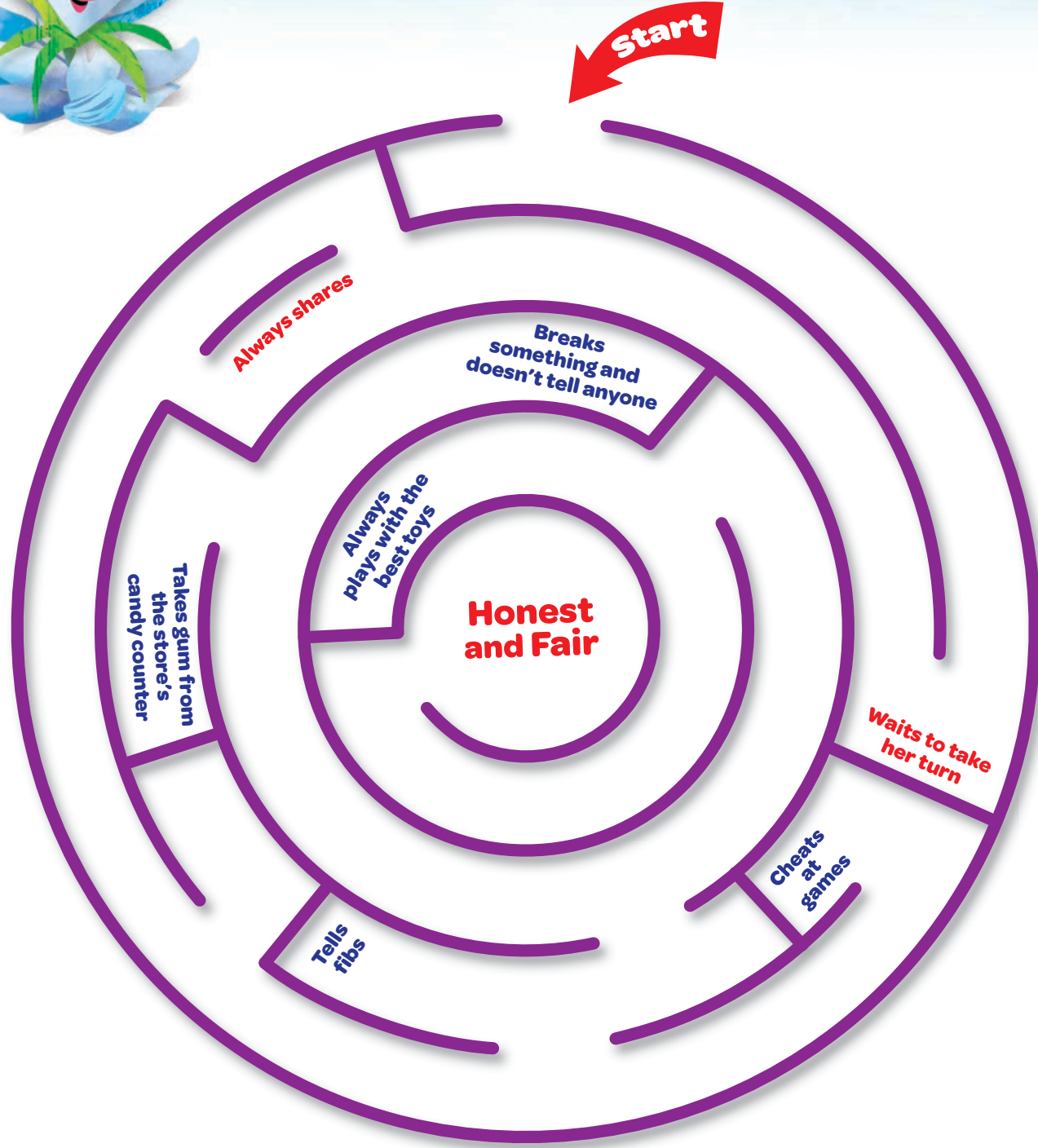


To start exploring the Girl Scout Law, turn the page!



Honest and Fair

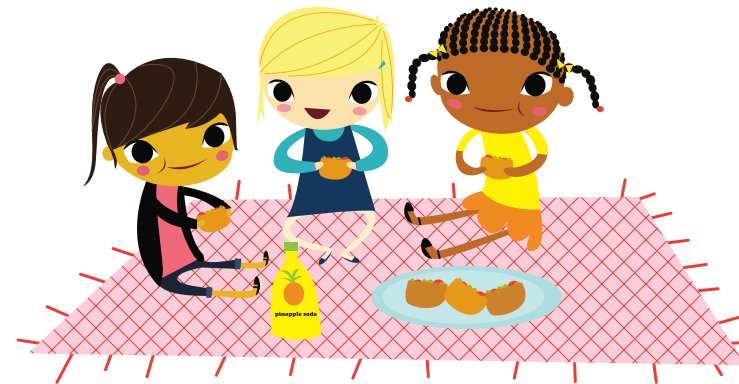
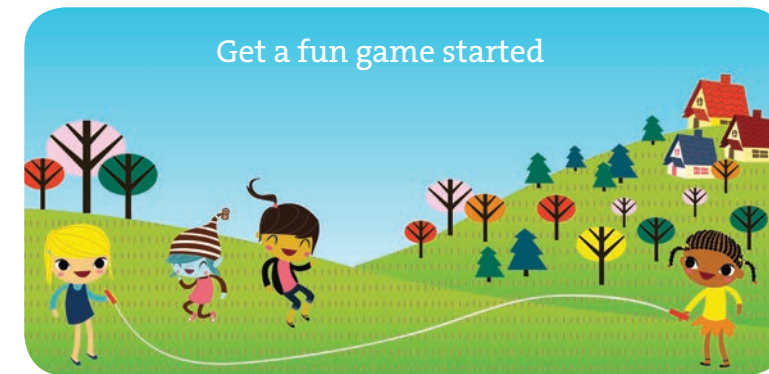
How do you show that you are honest and fair?



Friendly and Helpful

What's one new way you would like to be friendly and helpful at home? At school? On the playground?

Circle one of the ideas below that shows how friendly and helpful you can be!



Share a snack with a friend



Tidy up around the house



Considerate and Caring

Everyone likes to get happy messages to keep in their pockets! Get a tiny piece of paper and write a kind message that will make someone feel good. Then roll it up and give it to them.

You could use these ideas for your message—or make your own!

You are a good friend because you share!

Smile—you're beautiful!

I like it when you _____

I hope you feel better soon!

I like you because _____

Girls Together—We Change the World!



Courageous and Strong



Have you ever had to show courage or be strong?

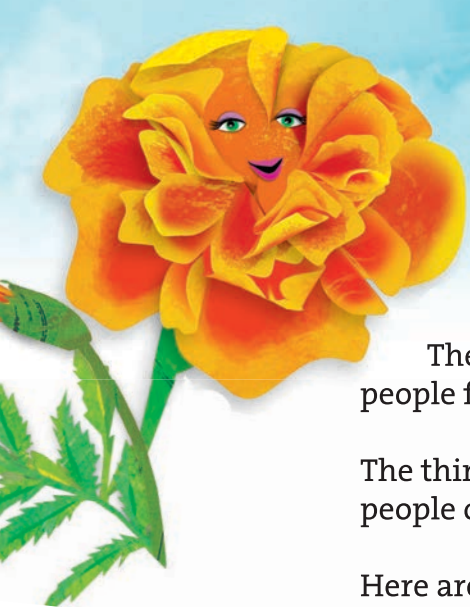
Here are some situations where you might have to be courageous and strong:

Your friends are gossiping about another girl. You can join in or you can ask them to stop.

People in your class are having a debate. Everyone's on the same side—except you. You can say what you think, even though most people don't agree with you, or you can keep quiet.

Find a friend, pick an example (or come up with another one) and talk about what you would do. Maybe you can even make up a little skit on the spot!

A new girl has come to your school. No one is paying attention to her. You can ignore her, too, or you can invite her to sit with you at lunch.



Responsible for What I Say and Do

The words you say can make people feel happy. They can also make people feel sad or upset.

The things you do can help other people. Your actions can also hurt people or make them unhappy.

Here are some ways that girls are responsible for what they say and do:



Now think about some ways you can be responsible for what you say and do. Talk about your ideas with your friends.

Respect Myself and Others



What's one thing you really like about yourself?

Are you quiet?

Do you draw well?

Are you good at math?

Write the name of a friend here: _____

What do you like about your friend?

Does she have a good imagination?

Is she a great runner?

Is she kind to others?

Does she tell good jokes?

Draw a picture of you and your friend here.

How are you and your friend alike? How are you different?

When you respect yourself, you're proud of who you are!

When you respect others, you enjoy how they are different from you!



Respect Authority

Rules help us all stay safe and happy. Your family has rules. So does your school and your town.

What's one rule someone taught you that you think is very important? Write or draw it here:

- Only cross the street if ...
- When you ride your bike, be sure to ...
- When the bell rings at school, remember to ...
- On the playground, remember to ...
- Your own rule ...

Use Resources Wisely



Our planet Earth is the most special—and beautiful— resource we all share!

Air, dirt, trees, plants, flowers, water, animals — we love them and we need them too!

How do you help take care of the Earth? Here are some ideas to get you started:

- Use reusable bags • Take shorter showers
- Recycle your trash • Use both sides of a piece of paper

Draw your own idea here:





Make the World a Better Place

Think of three movies, TV shows, or books that tell the story of someone who makes the world a better place. Write them here or ask an adult to help you:

Stories can spark ideas! What ideas do you have about how you could make the world a better place? Draw a picture of yourself doing one of them!

Be a Sister to Every Girl Scout



Make a list of 3 – 5 songs about friends and sisterhood.

For more fun, swap ideas with others and create a “sisterhood” playlist!

Song: _____

Song: _____

Song: _____

Song: _____

Song: _____

Song: _____



You've had fun exploring the lines of the Girl Scout Law!

The Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong,
and responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place,
and be a sister to every Girl Scout.

Which line meant the most to you?

Maybe the line talked about something that you already do.

Maybe it was something that's important to your family.

Maybe it was something you'd like to see everyone do!

Write your favorite line here:

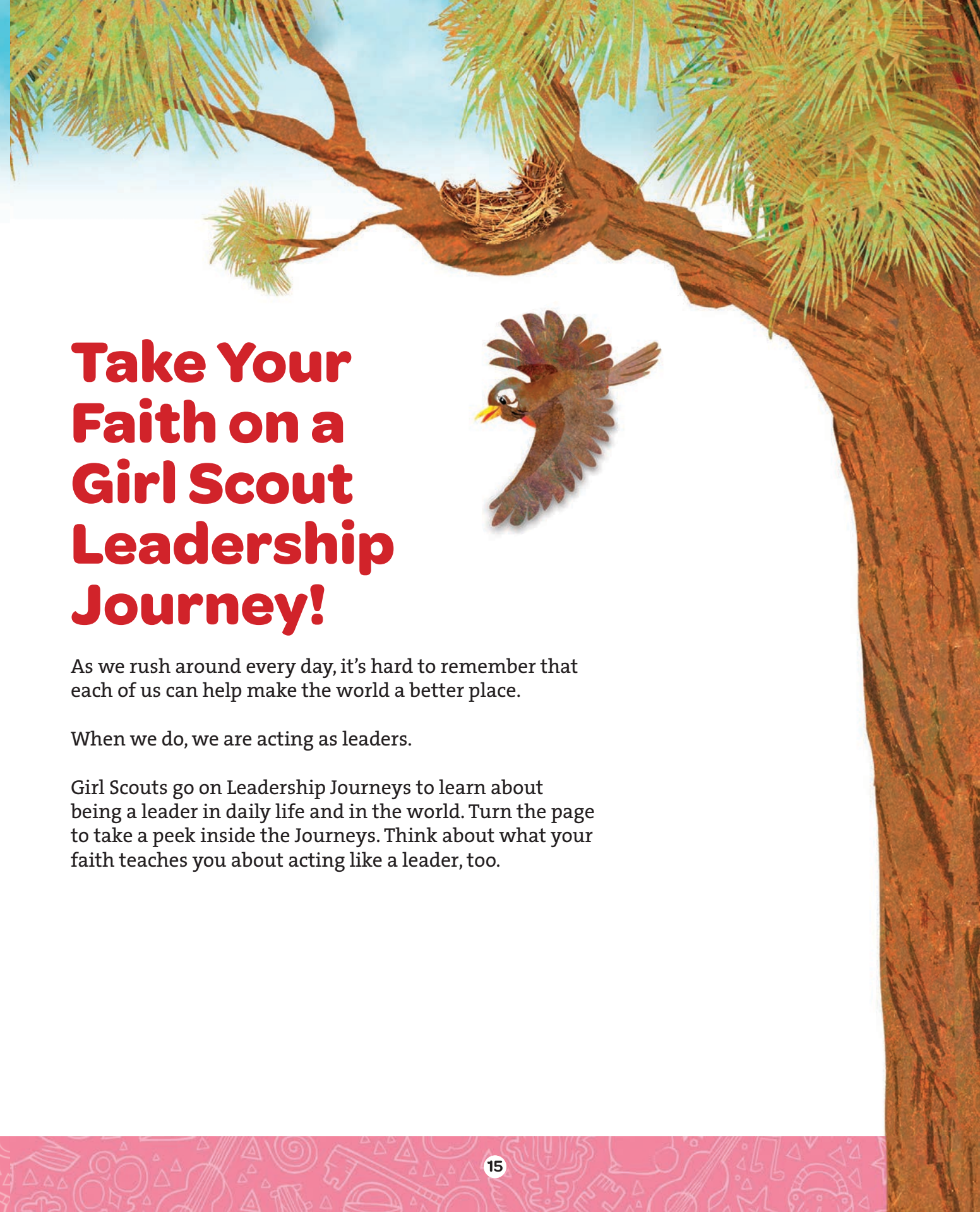
Think about what you already know about your faith. Can you think of a song, prayer, or tradition that teaches that line of the Girl Scout Law?

You've now taken the first step towards earning Girl Scouts' My Promise, My Faith pin! Go on and take the other steps!



Did you know?

You can find out about religious recognitions offered by different faith communities by going to www.praypub.org/partner_gsusa.htm.



Take Your Faith on a Girl Scout Leadership Journey!

As we rush around every day, it's hard to remember that each of us can help make the world a better place.

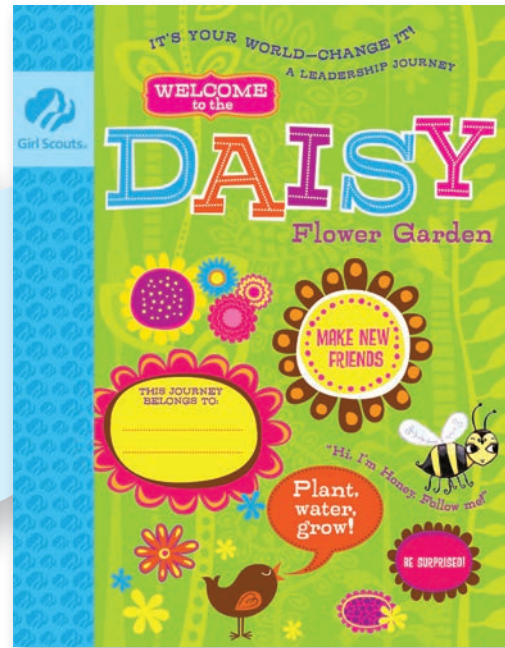
When we do, we are acting as leaders.

Girl Scouts go on Leadership Journeys to learn about being a leader in daily life and in the world. Turn the page to take a peek inside the Journeys. Think about what your faith teaches you about acting like a leader, too.

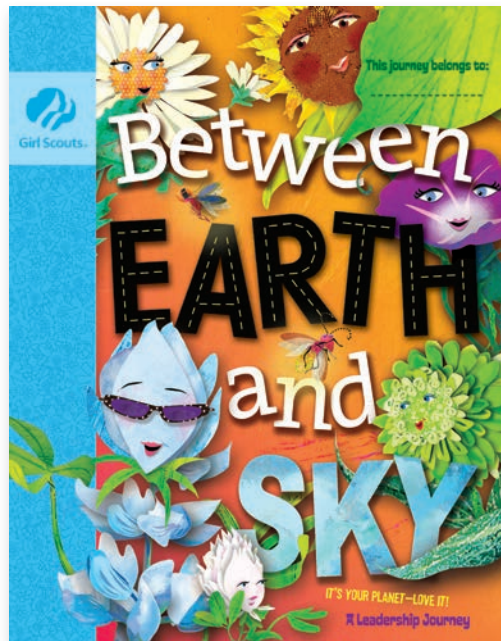
Girl Scout Daisy Leadership Journeys

Girl Scout Daisies are in kindergarten and first grade. Here are the three Leadership Journeys for Daisies.

Welcome to the Daisy Flower Garden
Enjoy meeting the Flower Friends and learning how to live the Girl Scout Law.



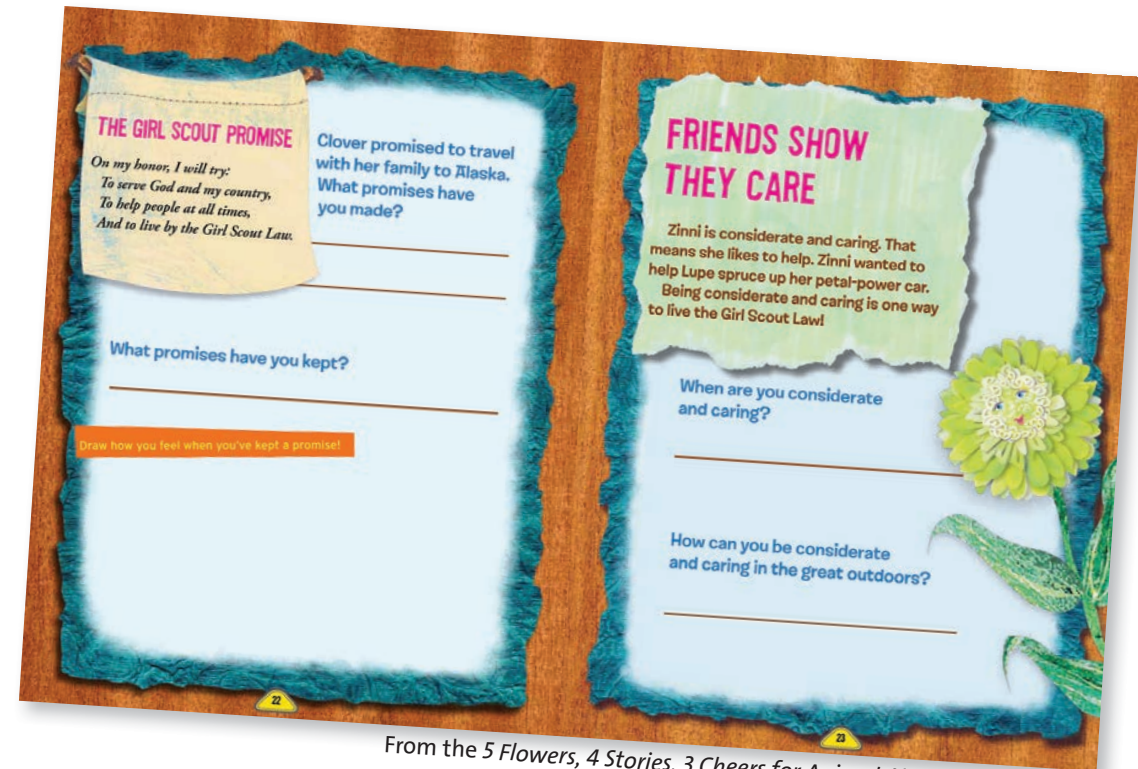
Between Earth and Sky
Go on a cross-country road trip with the Flower Friends and find out more about the beauty of the natural world!



Daisies can earn Awards on each Journey!

5 Flowers, 4 Stories, 3 Cheers for Animals!

Find out just how much you can care for animals and for yourself—and just how good that makes you feel.



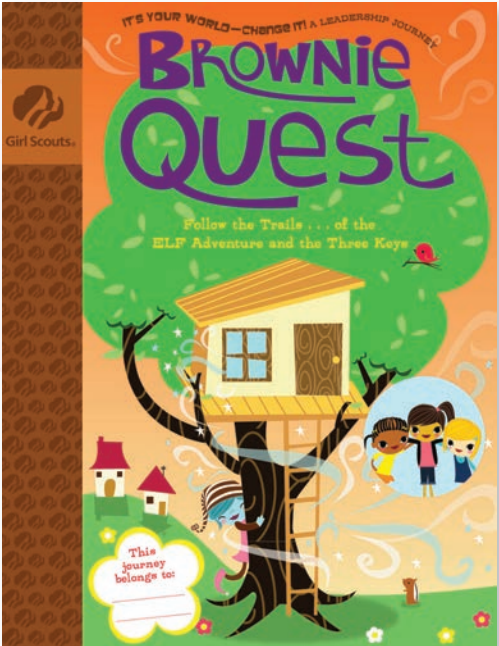
From the 5 Flowers, 4 Stories, 3 Cheers for Animals! leadership Journey

How does your faith help you keep promises?
How do you show you care about others?

Girl Scout Brownie Leadership Journeys

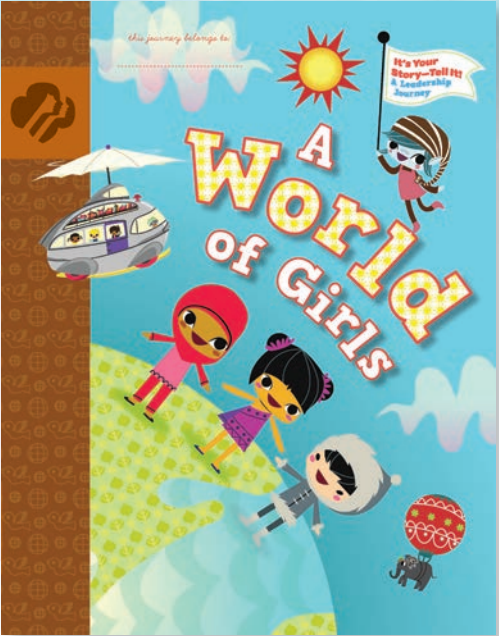
Girl Scout Brownies are in second and third grade. Here are the three Leadership Journeys for Brownies.

Brownie Quest
Meet Brownie Elf and the Brownie friends— then solve a mystery about the Three Leadership Keys!



Brownies can earn Awards on each Journey!

A World of Girls
Explore stories to find out how you can help make a better world for girls.



WOW! The Wonders of Water
Dive into a Journey that shows you how to love water, save water, and share what you've learned!

How We Use Water

People need at least five gallons of water a day, according to the World Health Organization. In the United States and Japan, each person uses, on average, 100 gallons of water a day. In parts of Africa, people get by with only two to three gallons a day.

Taking a bath = 36 gallons of water
 Five-minute shower = 25 gallons
 Hand-washing dishes = 20 gallons
 Running the dishwasher = 15 gallons
 Brushing your teeth = 2 gallons if you leave the tap running, 1/2 gallon if you turn it off
 Flushing the toilet = 3 to 5 gallons
 Running the washing machine = 40 gallons

What can you do?

- Put a jug of water inside the toilet tank; the toilet will use less water when you flush.
- Put a bucket in the shower and a bucket outside when it rains; use the water you collect to water plants.

It takes 2,900 gallons of water to make one hamburger. That includes all the water needed, from raising the cattle to getting the meat from the cattle to the market to you.
 It takes 265 gallons to make one glass of milk. That includes all the water needed, from raising the cow to getting the milk packaged and to you!

A Wide World of Water Vessels
 Not everyone in the world has water piped into their homes. Some people must find their own water. Sometimes that water comes from a stream or a spring, or it might be collected from a well. In countries with little rainfall, rainwater is collected in large bins and stored for later use.
 Collecting and carrying water is done mostly by women and children. Children sometimes carry water in bags made of animal hide that they sling over their shoulders. Or they team up to collect water in a large metal tub. Women may balance huge jars of water on their heads. They often carry more than their weight in water every day. Imagine carrying that much water every day! How would that feel?

From A World of Girls leadership Journey

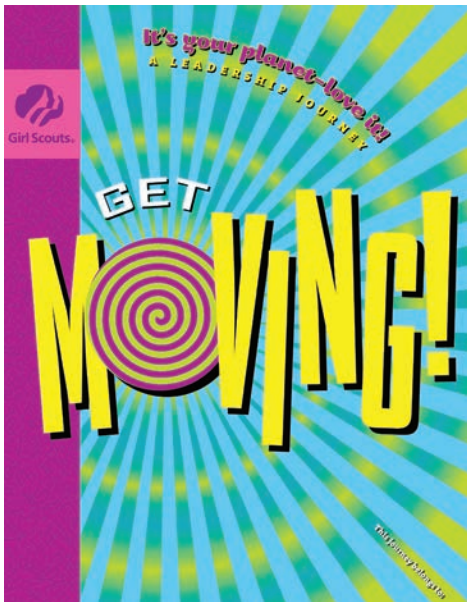
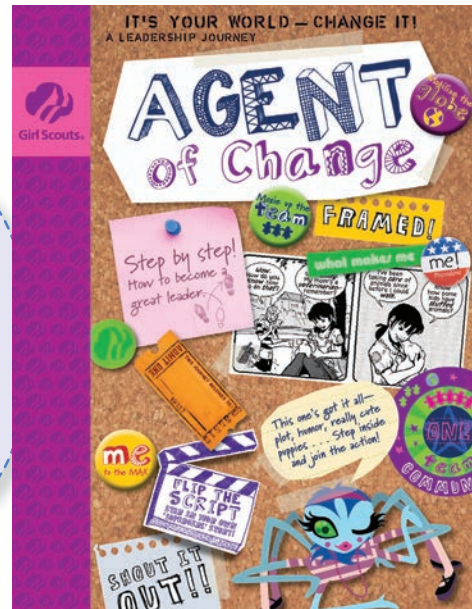
What does your faith teach you about caring for the Earth and each other? Ask a grownup to help you find a song, prayer, or reading about water!

Girl Scout Junior Leadership Journeys

Girl Scout Juniors are in fourth and fifth grade. Here are the three Leadership Journeys for Juniors.

Agent of Change

Find out about your own power to make change—and how teaming up with others can amplify your power to make the world a better place.



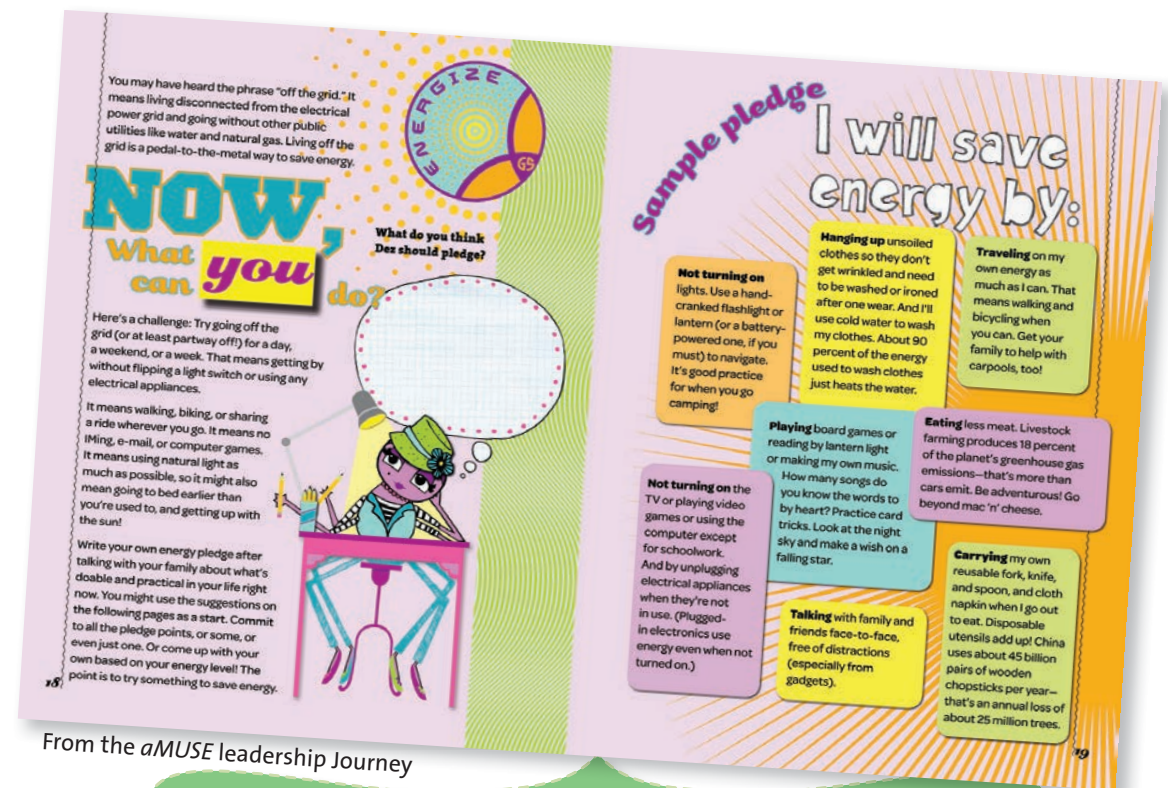
GET MOVING!

Find out all about energy (your own energy and the energy used to power buildings and help people get from one place to the other). Then learn how to make the most of it!

Juniors can earn Awards on each Journey!

aMUSE

Time to take the stage! You can play many roles when you go on this Leadership Journey.



From the aMUSE leadership Journey

“Unplugging” for a little while saves energy and helps the Earth. Taking some quiet time can put you more in touch with your faith, too. Can you think of a song, prayer or reading from your faith that puts you in touch with the beautiful world we’ve been given?



**Girl Scouting
builds girls of
courage, confidence,
and character who
make the world a
better place.**