

OREGON: FROM THE REDWOOD FOREST TO THE
OCEAN WATERS, FROM THE DESERT SANDS, TO THE
SNOW CAPPED MOUNTAINS

JUNE 14-28, 2011



Come join the H.A.G.S. for another adventure of a lifetime:

WHERE: Oregon

WHO: Anyone in HAGS is available to go on this trip

WHEN: June 14-28, 2011

COST: \$1600.00 per person, a \$300.00 non-refundable deposit is due by August 22.

PRE-MEETING: August 22, at Newman's at 7:00—Please come to get more information about this trip, sign up and meet the group going. We need at least 5 girls to make this a go.

TRIP ITINARY:

Day 1—Fly to Oregon, arrive in Portland and head out for the world famous Columbia River Gorge. Spend the night in the Gorge.

Day 2—We wake and start to trek down into the gorge, seeing water falls, the raging river and seeing the sights. At end of day we hit a natural hot spring enjoying the relaxation of its soothing waters.

Day 3-4: We climb South Sister. At 10,385' it will be snow covered as we emerge from the tree line. We will be guided up the mountain and on day 4 we will SUMMIT. Starting from base camp at 2am and up to the top before the snow gets soft enough to impede our progress. We then slide back to base camp and pick up our gear for the hike out. From here we drive to the famous McMinivins for another natural hot spring soak and shower.

Day 5-6: We will be going with Ouzel Outfitters for a 2 day white water rafting trip on the Deshuttles. They supply everything as we learn how to paddle our boats and challenge the rapids.

Day 7: From the Deshuttles River we will make our way to Crater Lake National Park and hike down to the lake where we will have a leisurely lunch while we absorb the beauty of this unique part of the Oregon.

Day 8: Oregon Caves National Monument where you may choose from a 3-4 hour spelunk or a tour through a lighted cave.

Day 9: Drive to the Redwoods in California where we will hike and take in the magnificent site of these huge trees with the blue Pacific Ocean as a back drop.



Day 10-11: We will drive north up the coast and take in the views, hike and explore lonely beaches. We will see Oregon Islands National Wildlife Refuge, Shell Island and the surrounding reefs. We will observe sea birds, marine animals, Gray Whales, Northern Elephant Seals, Harbor Seals, Stellar Sea Lions, Black Oystercatchers, Great Blue Herons and Pelagic. We will explore tide pools, find ancient fossils and just enjoy the beach environment.

Day 12: We will go to C&M stables where we will ride horses on the beach. Here we will meet up with naturalist Brooke Newman who will do an interpretive class on sea life. We will then go to Newport where we will spend the afternoon crabbing in the bay. Dinner: Fresh CRABS caught by you.....

Day 13: We will make our way to Portland where we will have a farewell dinner and a night on the town.

Day 14: Fly home Cleveland.