



# Overnight Participant Information Packet

We are so excited that you are coming to Camp Ledgewood for this amazing experience! Important information about the Cadette Summit can be found below, so please take the time to read and digest this information.

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Cadette Summit Volunteer Director: Kitra Woodall, <a href="kitrawoodall@yahoo.com">kitrawoodall@yahoo.com</a>

Registration Questions? Customer Care, <a href="mailto:customercare@gsneo.org">customercare@gsneo.org</a>

## **Event Information**

Date: Friday, May 16- Sunday, May 18, 2025

Location: Camp Ledgewood, 7047 Akron-Peninsula Rd., Peninsula OH 44264

Check-In: Friday, May 16, from 6:00 - 7:00 PM at Chickadee Program Center

When you arrive, please follow the signs directing you to the parking area. Follow directions given by volunteers upon arrival regarding check-in. For check-in, please bring all necessary forms (found below) and medications for the weekend in their original bottles.

**Note:** Camp stocks a limited supply of over-the-counter medications as listed on the health form, these do not need to be sent with your camper. **No medications will be allowed to stay in units.** 

- o Every girl must be accompanied by an adult through the check-in process.
- Due to safety and security concerns, if your cadette must leave camp for any reason, they will not be permitted to return.
- o Special arrangements must be made for late arrivals. Please contact Customer Care.

Forms Needed: Cadettes must complete and bring the below forms.

- o Personal Health and Medical Record Form
- Activity Consent and Hold Harmless

Check-Out: Sunday, May 18 from 10:00 - 11:00 am at Chickadee Program Center.

Caregivers, park and come to Chickadee Program Center. Cadettes will only be released to the designated adult indicated at check-in. **A photo ID must be presented to pick up your child(ren).** 

**New this year! Accommodation:** Participants will choose their housing assignments during registration. Please note that tents and Adirondacks each only hold four beds. Bunk selection occurs on-site on a first come, first choice basis. Also note that this is not a "troop" event, so it is not guaranteed that a troop will remain together. No troop adult working as a volunteer will remain in the same unit as their troop.

## All about the Summit!

**Overview:** Every year, Camp Ledgewood hosts Cadette Summit- a weekend all about Cadettes! In this action-packed weekend, Cadettes head to camp and choose their own adventure. This program offers girls an opportunity to develop their independence, time management skills, enjoy all that Camp Ledgewood has to offer, and make new friends from all over GSNEO's footprint.

**Program:** All girls choose a Track of up to five programs upon registration for the Cadette Summit on a first-come, first-choice basis. Girls should know their program choices before arrival to pack accordingly.

#### **Cadette Summit Schedule of Events** (*subject to change*):

o Friday

6:00pm - 7:00pm
7:00pm - 8:00pm
8:00pm
8:30pm - 10:30pm
11:30pm
Girl Check In
Get to Know You Activities
Info Meeting - Expectations
Snack in Unit
Lights Out

Saturday

7:00am-7:30am Breakfast A
 7:35 am-7:45 am Flag
 7:45am - 8:15am Breakfast B

8:30am - 9:45am Program Session 1
 10:00am - 11:15am Program Session 2

11:30am - 12:00pm Lunch A
 12:15 pm-12:45 pm Lunch B

1:00pm - 2:15pm Program Session 3
 2:30pm - 3:45pm Program Session 4
 4:00pm - 5:15pm Program Session 5

5:30pm – 6:15pm Dinner A
 6:15pm-6:25pm Flag

• 6:30pm-7:15pm Dinner B

7:30pm - 10:00pm Evening Program
 10:00 pm Evening Snack at Units

• 11:30pm Lights Out

Sunday

7:00am - 9:00am Breakfast
 9:00 am - 10:00 am Girl Check-Out

**Add-Ons:** Boxed Dinners are available for an additional \$8 during online registration to be picked up during check-in. Boxed dinners consist of a sandwich, chips, drink and cookie. **No boxed dinners will** be available for sale on the day of the event.

**First-Aid/Medication:** We have RNs attending for the entire program. All medications, including adult medications, must be turned in during check-in so they can be kept locked up for the duration of the weekend. All medications must be in their original container.

**Emergency Contact:** Throughout the event, please call Camp Ledgewood at 330-650-4743.

**Behavior Expectations:** As this program is designed for Cadettes to have an age-level appropriate experience those who are found in the possession of alcohol, drugs, vapes, or tobacco are subject to removal from the program. Other problematic behavior will be dealt with as deemed appropriate by Camp Directors. Cadettes are expected to abide by the Girl Scout Promise and Law during the program.

Phones at Camp: Like any other expensive or sentimental item, phones are highly discouraged at camp. Camp is an unpredictable outdoor environment; Cadettes should only bring items that are okay to get muddy or lost. Leaving phones at home will also allow your Cadette to focus on the programming and be "in the moment" while at camp. Charging facilities will not be available at camp.

If your Cadette does decide to bring her phone and contacts you to ask for forgotten items or to leave early, caregivers MUST contact the camp staff onsite. Please call Camp Ledgewood at 330-650-4743. For safety reasons, no persons will be allowed on camp property without the prior approval of the camp staff.

## **Packing List**

For Check-In:
Personal Health and Medical Record Form *requires 3 signatures
Activity Consent, Hold Harmless and Release Agreement *requires initials in several spots and signature on back
Medications in original container (all medications, even over-the-counters, much be checked in with the nurse)
In your Duffle Bag:
Having fun at camp sometimes means getting dirty. PLEASE do not send new clothing!
Underwear & sleepwear
3 Complete changes of clothes
Socks, plus extra ones (campers are required to wear socks and closed-toe shoes at all times)
Closed-toe shoes
Boots- waterproof or rubber. It may be muddy and wet!
Laundry/plastic bag for dirty clothes
Heavy raincoat and/or poncho (activities continue in the rain)
Sleeping bag and/or sheets and a blanket
Pillow
Watch
Towel & washcloth
Flip Flops (can only be worn only at the Shower House)
Shower caddy including:
Toothbrush & paste
Shampoo & soap
Brush/Comb
Feminine care items (if necessary)
In your Day Bag/Backpack:
Sunscreen (non-aerosol)
Bug spray (non-aerosol)
Hat
Flashlight & extra batteries
Water bottle (refillable)

### Special items for specific programs:

If you are registered for the following activities, you MUST bring these additional items

- **High Ropes OR Zip Line:** long pants
- Canoe: Extra set of clothes or a towel recommended
- **Tie-dye:** Participants are encouraged to bring 1-2 items they wish to dye: white t-shirts, hoodies, socks, shoes, pillowcases, bandannas, hats, scarves, etc. and at least one black or dark colored shirt as well. \*\*Pre-washed items without fabric softener, 100% natural fiber -cotton, silk, etc. have the best results.