

Cadette Summit 2025

Saturday-Only Participant Information Packet

We are so excited that you are coming to Camp Ledgewood for this amazing experience! Important information about the Cadette Summit can be found below, so please take the time to read and digest this information.

Coordinators of Outdoor Girl Experience: Beth Stokley, <u>bstokley@gsneo.org</u>

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Cadette Summit Volunteer Director: Kitra Woodall, kitrawoodall@yahoo.com

Registration Questions? Customer Care, customercare@gsneo.org

Event Information

Date: Saturday, May 17, 2025

Location: Camp Ledgewood, 7047 Akron-Peninsula Rd., Peninsula OH 44264

Check-In: 7:50-8:20 AM at the Chickadee Program Center Porch.

Forms Needed: Girls must complete and bring

o Personal Health and Medical Record Form

o Activity Consent and Hold Harmless

Check-Out: 5:30-6:00 PM at the Chickadee Program Center Porch

Caregivers, park and come to Chickadee Program Center. Cadettes will only be released to the designated adult indicated at check-in. **A photo ID must be presented to pick up your child(ren).**

All about the Summit!

Overview: Every year, Camp Ledgewood hosts the Cadette Summit- a weekend all about Cadettes! In this action-packed weekend, Cadettes head to camp and choose their own adventure. This program offers girls an opportunity to develop their independence, time management skills, enjoy all that Camp Ledgewood has to offer, and make new friends from all over GSNEO's footprint.

Program: All girls chose their five programs upon registration for the Cadette Summit on a first-come, first-choice basis. Girls should know their program choices prior to arrival in order to pack accordingly.

Cadette Summit Schedule of Events (*subject to change*):

Saturday

staff

•	7:50am - 8:20am	Check-In
•	8:30am - 9:45am	Program Session 1
•	10:00am - 11:15am	Program Session 2
•	11:30am - 12:00pm	Lunch A
•	12:15pm-12:45pm	Lunch B
•	1:00pm - 2:15pm	Program Session 3
•	2:30pm - 3:45pm	Program Session 4
•	4:00pm - 5:15pm	Program Session 5
•	5:30pm- 6:00pm	Check Out

First-Aid/Medication: We have RNs attending for the entire program. All medications, including adult medications, must be turned in during check-in so they can be kept locked up for the duration of the weekend. All medications must be in their original container.

Emergency Contact: Throughout the event, please call Camp Ledgewood at 330-650-4743.

Behavior Expectations: As this program is designed for Cadettes to have an age-level appropriate experience those who are found in the possession of alcohol, drugs, vapes, or tobacco are subject to removal from the program. Other problematic behavior will be dealt with as deemed appropriate by Camp Directors. Cadettes are expected to abide by the Girl Scout Promise and Law during the program.

Phones at Camp: Like any other expensive or sentimental item, phones are highly discouraged at camp. Camp is an unpredictable outdoor environment; Cadettes should only bring items that are okay to get muddy or lost. Leaving phones at home will also allow your Cadette to focus on the programming and be "in the moment" while at camp. Charging facilities will not be available at camp.

If your Cadette does decide to bring her phone and contacts you to ask for forgotten items or to leave early, caregivers MUST contact the camp staff onsite. Please call Camp Ledgewood at 330-650-4743. For safety reasons, no persons will be allowed on camp property without the prior approval of the camp

Packing List

For Check-In:
Personal Health and Medical Record Form *requires 3 signatures
Activity Consent, Hold Harmless and Release Agreement *requires initials in several spots and signature on back
Medications in original container (all medications, even over-the-counters, much be checked in with the nurse
Wear/Pack In your Day bag or Backpack:
Having fun at camp sometimes means getting dirty. PLEASE do not send new clothing!
Clothing appropriate for the day's weather
Closed-toe shoes
Extra socks in case your feet get wet (campers are required to wear socks and closed-toe shoes at all times)
Boots- waterproof or rubber are recommended if it is muddy or wet!
Heavy raincoat and/or poncho (activities continue in the rain)
Sunscreen (non-aerosol)
Bug spray (non-aerosol)
Hat
Water bottle (refillable)

Special items for specific programs:

If you are registered for the following activities, you MUST bring these additional items

- High Ropes OR Zip Line: long pants
- Canoe: Extra set of clothes or a towel recommended
- **Tie-dye:** Participants are encouraged to bring 1-2 items they wish to dye: white t-shirts, hoodies, socks, shoes, pillowcases, bandannas, hats, scarves, etc. and at least one black or dark colored shirt as well. **Pre-washed items without fabric softener, 100% natural fiber -cotton, silk, etc. have the best results.

GSNEO volunteers and staff are not responsible for lost, damaged or stolen items.