

# CADETTE SUMMIT 2026

## PROGRAM DESCRIPTIONS

**All programs are 75 minutes long unless otherwise noted.**

All participants will select their Saturday program track during registration. This program track will be the group of girls that participate in activities together. Girls will select both a track and a sleeping location during online registration. Tracks and sleeping locations are no longer connected.

**Remember**, this is not a troop event and girls coming together DO NOT need to sign up for the same track. This is an opportunity to try different things and meet new sister scouts in a safe/fun environment.

- Girls will participate in up to five (5) programs. Exceptions: If a girl chooses High Ropes or Dungeons and Dragons these two sessions will take up between 2 and 2.5 hours.
- Tracks will fill on a first-come, first-choice basis.
- Participants will NOT be able to change sleeping locations or program tracks after registering.

<b>Archery</b>		Take aim at the archery range! Learn the basic parts of a bow and arrow, proper archery stance, shooting techniques, rules, and safety. Then, it'll be time to put your new skills to work. Program runs rain or shine.
<b>Bridge Building</b> <b>Competition</b>		Work with a partner to explore how nature designs strong structures before constructing your own bridge. Use inspiration from bones, webs, and plants to plan and build. Test your bridge's strength by adding weight. See which designs hold the most, which is the most creative, and which is the biggest risk taker!
<b>Candle Making</b>		Make your own candle to take home! Melt the wax, dye it and add the perfect scents and dried flowers. Tie it all up with the perfect tag.

## Chocolate Molding



Make a variety of chocolates using candy molds and some other fun treats dipped in chocolate. You will get to take your creations home and have some to taste as well. YUM!

## Dungeons and Dragons



Join our adventuring party! Take on monsters and work together through this short campaign where you will learn the basics of playing Dungeons and Dragons.

## Fleece Pillow

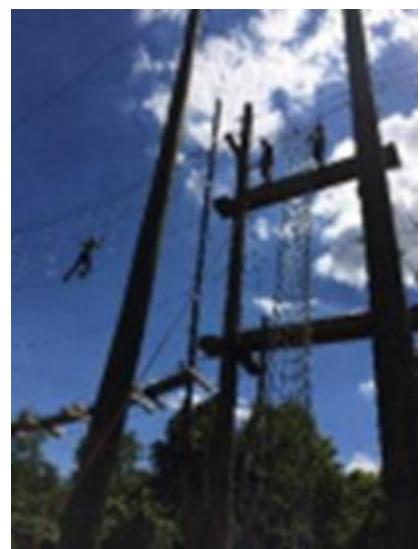


Come make a no-sew pillow. Go traditional no-sew tie or learn a crochet edge - you decide. Want to add a little bling and customize it - you will have time for that. Great for a travel or camp pillow.

## Guided Painting



Break out your paint palette and get ready to be creative. Create a masterpiece using acrylic paints as you paint along in this step-by-step workshop.

<h2>High Ropes &amp; Games</h2>		<p><b>HIGH ROPES – (PROGRAM RUNS 2 HOURS</b> so a session will go over 2 program times) Challenge yourself as you try different elements and cheer on the rest of your track. This session will focus on the lower level of the Camp Ledgewood High Ropes course. Trained facilitators will provide instruction and ensure the safety of participants. Participants must wear long pants. This program will run in light rain.</p> <p><b>NOTE: All participants must weigh between 55-250 lbs. It must be indicated on the Activity Consent and Hold harmless form that your cadette can participate in this program.</b></p>
<h2>Indoor Cooking</h2>		<p>Learn food safety handling and proper techniques for cooking in the kitchen. Use your skills to make a homemade pizza.</p>
<h2>Lummni Sticks</h2>		<p>Learn about Lummi sticks. Then decorate a set of sticks to keep as your own. Learn some different routines and songs using Lummi sticks.</p>
<h2>Microbiology Exploration</h2>		<p>Examine water samples from different ponds at Camp Ledgewood to discover tiny organisms living within them. Test how different stimuli affect micro bugs, then dissect a variety of flowers and transform the pieces into creative, science-inspired art. Observe, experiment, and explore the hidden world up close!</p>

<h3>Nature's Cosmetics</h3>		<p>Come and learn what nature has to offer to help you feel refreshed and relaxed. Discover how to use sugar, salts, oils, and vegetables in simple self-care products. Have some fun while connecting with the world around us!</p>
<h3>Outdoor Cooking</h3>		<p>It's time to show off your mad cooking skills – around the campfire! Have access to a variety of ingredients and use your creativity to make a delicious pie iron creation. You will be challenged to create something new and special! No cooking/baking experience required.</p>
<h3>Poppy Themed Craft</h3>		<p>Follow the yellow brick road. It's off to the field of poppies to create a poppy themed craft. Create the perfect poppy to take home with you.</p>
<h3>Robot Race</h3>		<p>Learn how to fly a drone, control an automated arm, and code a rover bot. Then put your skills to the test in a fast-paced challenge! Race against the clock to deliver as many chocolates as possible from the factory to the candy shop using teamwork, strategy, and robotics know-how.</p>

## Rock Wall



Conquer the GSNEO Mobile Climbing wall. You will have plenty of time to find all the ways to the top. Test your skills and reach new heights!

**Note: All participants must weigh between 70-250lbs. It must be indicated on the Activity Consent and Hold Harmless form that your cadette can participate in this program**

## String Art



Break out your hammers as we use nails and wood to create unique string art pieces. Plan your design then create! Take home a piece of art you are sure to be proud to call your own.

## Tie-Dye (White and Reverse)



What is camp without tie-dye? Come learn some different patterns and techniques with tie dye. **NOTE: Participants will need to bring two items they wish to dye: a white T-shirt and a black T-shirt.** (Pre-washed items without fabric softener, 100% cotton has the best result.)

## Ukrainian Egg Dying



Try your hand at this traditional craft from Ukraine and Poland. Traditionally called Pysanky, this technique uses wax to create designs that have multiple colors that show through.

## Ziplining



If you dream of flying, try soaring above Camp Ledgewood and experience the camp's beauty from new heights! Trained facilitators will provide instruction and ensure the safety of participants. Participants must wear long pants. This program will run in light rain.

**Note: All participants must weigh between 70-250lbs. It must be indicated on the Activity Consent and Hold Harmless form that your cadette can participate in this program.**