

CADETTE SUMMIT 2025


PROGRAM DESCRIPTIONS

All programs are 75 minutes in length unless otherwise noted.





All participants will select their Saturday program track during registration. This program track will be the group of girls that participate in activities together. They may not be the same girls that are staying in their sleeping location. Girls will select both a track and a sleeping location during online registration.





Remember, this is not a troop event and girls coming together DO NOT need to sign-up for the same track. This is an opportunity to try different things and meet new sister scouts in a safe/fun environment.



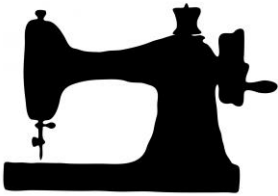

- Girls will participate in five (5) programs. Exceptions: If a girl chooses High Ropes or Dungeons and Dragons these two sessions will take up between 2 hours and 2 sessions.
- Tracks will fill on a first-come, first-choice basis.
- Participants will NOT be able to change sleeping locations or program tracks after registering.



Archery		Take aim at the archery range! Learn the basic parts of a bow and arrow, proper archery stance, shooting techniques, rules, and safety. Then, it'll be time to put your new skills to work. Program runs rain or shine.
Candle Making		Make your own candle to take home! Melt the wax, dye it and add the perfect scents and dried flowers. Tie it all up with the perfect tag.
Canoeing		Buckle your lifejacket and climb aboard for canoeing basics! Practice correct strokes and how to steer your canoe on an inland pond. Dress for the weather and wear lightweight, flexible sole shoes with socks. Program runs rain or shine!

<p>Chocolate Molding</p>		<p>Make a variety of chocolates using candy molds and some other fun treats dipped in chocolate. You will get to take your creations home and have some to taste as well. YUM!</p>
<p>Creeks Alive</p>		<p>Come along down to the creek. Learn a little about Camp LedgeWood's watershed and decide if the water quality is good. Of course there will be plenty of time to splash and explore to see what you can find living in the creek.</p>
<p>Crochet</p>		<p>All Skill levels are welcome. Learn basic chain stitch and single crochet to make a scarf or more advanced skills like a square or other stitches. See what you can make with a ball of yarn.</p>
<p>DIY Cosmetics</p>		<p>Join the class where you can create diy cosmetics to use in your self care routine. Use household ingredients to enhance your glow!</p>
<p>Dungeons and Dragons</p>		<p>Join our adventuring party! Take on monsters and work together through this short campaign where you will learn the basics of playing Dungeons and Dragons.</p>

Fleece Pillow		<p>Come make a no-sew pillow. Go traditional no-sew tie or learn a crochet edge - you decide. Want to add a little bling and customize it - you will have time for that. Great for a travel or camp pillow.</p>
Friendship Bracelets		<p>Learn how to make one of a kind bracelets with a few basic materials. Make a few to exchange with your friends!</p>
High Ropes		<p>HIGH ROPES – (PROGRAM RUNS 2 HOURS so a session will go over 2 program times) Challenge yourself as you try different elements and cheer on the rest of your track. This session will focus on the lower level of the Camp Ledgewood High Ropes course. Trained facilitators will provide instruction and ensure the safety of participants. Participants must wear long pants. This program will run in light rain.</p> <p>NOTE: All participants must weigh between 55-250 lbs. It must be indicated on the Activity Consent and Hold harmless form that your cadette can participate in this program.</p>
Hiking		<p>This guided hike allows girls to travel on one of Camp Ledgewood's hiking trails, and learn about common spring plants and trees. Come and explore.</p>

Indoor Cooking		<p>Use your skills to make a savory and sweet treat. Learn food safety handling and proper techniques for cooking in the kitchen. Then try your hand at cooking a snack to eat at camp.</p>
Knitting		<p>Learn the knitting fundamentals, including how to hold the needles, cast on stitches, knit and purl stitches while working on a simple project like a scarf.</p>
Low Ropes		<p>Enhance your communication and cooperation skills while having fun as a team! Choose strategies that will help your team solve physical and mental challenges on this fun course tucked in the woods at camp. Everyone's a winner because you build a stronger team!</p> <p>Note: It must be indicated on the activity consent and hold harmless form that your cadette can participate in this program.</p>
Lummi Sticks		<p>Learn about Lummi sticks. Then decorate a set of sticks to keep as your own. Learn some different routines/songs using Lummi sticks.</p>

Outdoor Cooking		<p>It's time to show off your mad cooking skills – around the campfire! Have access to a variety of ingredients and use your creativity to make a delicious pie iron creation. You will be challenged to create something new and special! No cooking/baking experience required.</p>
Painting		<p>Paint along with acrylic paints to create a painting of Athena, goddess of Arts and crafts, in a Greek Temple.</p>
Sewing		<p>Learn the parts of a sewing machine and have the opportunity to learn how to sew with a small project like a bag or pillowcase.</p>
String Art		<p>Break out your hammers as we use nails and wood to create unique string art pieces. Plan your design then create! Take home a piece of art you are sure to be proud to call your own.</p>
Tie-Dye (White and Reverse)		<p>What is camp without tie-dye? Come learn some different patterns and techniques with tie dye. NOTE: Participants will need to bring two items they wash to dye: a white T-shirt and a black t-shirt. (Pre-washed items without fabric softener, 100% cotton has the best result.)</p>

<p>Ukrainian Egg Dying</p>		<p>Try your hand at this traditional craft from Ukraine and Poland. Traditionally called Pysanky, this technique uses wax to create designs that have multiple colors that show through.</p>
<p>Ziplining</p>		<p>If you dream of flying, try soaring above Camp LedgeWood and experience the camp's beauty from new heights! Trained facilitators will provide instruction and ensure the safety of participants. Participants must wear long pants. This program will run in light rain.</p> <p>Note: All participants must weigh between 70-250lbs. It must be indicated on the Activity Consent and Hold Harmless form that your cadette can participate in this program.</p>