Cadette Summit 2020
Overnight Participant Information Packet

We are so excited that you are coming to Camp Ledgewood for this amazing experience! Important information about the Cadette Summit can be found below, so please take the time to read and digest this information.

Camp Ledgewood Director: Natalie Lane, nlane@gsneo.org
Cadette Summit Volunteer Director: Cecilia Morisak, cmorisak414@gmail.com
Registration Questions? Angie Blankenship, campandevents@gsneo.org

Event Information

Date: Friday, May 15 - Sunday, May 17, 2020
Location: Camp Ledgewood, 7047 Akron-Peninsula Rd., Peninsula OH 44264
Check-In: Friday, May 17, from 5:00 - 7:00PM at Low Lodge

When you arrive, please follow the signs directing you to the parking area. Leave your gear in the car and check in at Low Lodge. For check in, please bring all necessary forms (found below) and medicines in their original bottles (if necessary for the weekend). **No medicine will be allowed to stay in units.**

- Every girl must be accompanied by either a parent and/or Troop Leader/Advisor in order to check in.
- Due to safety and security concerns, if your daughter/ward must leave camp for any reason, she will not be permitted to return.
- Special arrangements must be made for late arrivals. Please contact Natalie to discuss.

Forms Needed: Both adults and girls must complete and bring

- Personal Health and Medical Record Form
- Activity Consent, Hold Harmless and Release Agreement

*Please double check which programs your daughter has registered for and initial the appropriate activity on the Hold Harmless form.

Bicycles: The Cadette Summit is a bike friendly weekend! Girls are invited to bring their bikes for this event only. If you plan on bringing your bicycle, **you must bring a helmet.** Girls will not be able to ride their bicycle without a helmet. Girls will need to register their bicycle upon arrival.

Check-Out: Sunday, May 17 from 10:00 - 11:00am at Low Lodge.

Caretakers, please park and come into Low Lodge. Girls will only be released to the designated adult indicated at check-in, and only once her sleeping unit has been cleaned and checked. **A photo ID must be presented to sign a girl out.**

Accommodation: Participants will receive her site assignment upon arrival. Please note that covered wagons, tents and adirondacks each only hold four beds. Bunk selection occurs on-site on a first-come, first choose basis. Also note that this is not a “troop” event, so it is not guaranteed that a troop will remain together. No troop adult working as a volunteer will remain in the same unit as their troop.
All about the Summit!

**Overview:** Every year, Camp Ledgewood hosts the Cadette Summit - a weekend all about Cadettes! In this action-packed weekend, over 200 Cadettes head to camp and choose their own adventure. This program offers girls an opportunity to develop their independence, time management skills, enjoy all that Camp Ledgewood has to offer, and make new friends from all over GSNEO’s footprint.

**Program:** All participants chose five programs upon registration for the Cadette Summit on a first-come, first-choice basis. Girls should know their program choices prior to arrival in order to pack accordingly.

**Cadette Summit Schedule of Events (subject to change):**
- Friday, May 15
  - 5:00pm - 7:00pm  Girl Check In
  - 7:00pm - 8:00pm  Get to Know You Activities in Unit
  - 8:00pm  Info Meeting in Unit - Expectations
  - 8:30pm - 10:30pm  Campfire in Unit
  - 11:30pm  Lights Out
- Saturday, May 16
  - 7:00am - 8:30am  Breakfast
  - 8:30am - 9:45am  Program Session 1
  - 10:00am - 11:15am  Program Session 2
  - 11:30am - 1:00pm  Lunch
  - 1:00pm - 2:15pm  Program Session 3
  - 2:30pm - 3:45pm  Program Session 4
  - 4:00pm - 5:15pm  Program Session 5
  - 5:30pm - 7:30pm  Dinner
  - 8:00pm - 10:00pm  Evening Program
  - 10:30pm  Evening Snack
  - 11:30pm  Lights Out
- Sunday, May 17
  - 7:00am - 9:00am  Breakfast
  - 9:00pm - 10:00am  Clean Up
  - 10:00am - 11:00am  Girl Check-Out

**Cadette Summit t-shirt:** If you ordered a Cadette Summit t-shirt when you registered, it will be available for pick-up in Low Lodge during check-in. No extra t-shirts will be ordered. T-shirts will not be available for purchase during check-in.

**Friday Dinner:** Dinner is not provided on Friday night, so please eat prior to arrival. Friday night box dinners were available for purchase during registration. If you ordered a box dinner for Friday night, it will be available at Low Lodge during check-in.

**First-Aid/Medication:** We have RNs and GSNEO approved First-Aiders that will be in attendance for the entire program. Participant who require prescription or over-the-counter medication must speak with the health care supervisor at check in. All medications must be in their original container.

**Emergency Contact:** Throughout the event, please call Camp Ledgewood at 330-650-4743.

*Please note that no child will be released to her caretakers at any time during the program without prior contact and communication with the Camp Director, Natalie Lane (234-817-1309).*
Packing List

For Check-In:

- _______ Personal Health and Medical Record Form *requires 3 signatures
- _______ Activity Consent, Hold Harmless and Release Agreement *requires initials in several spots and signature on back
- _______ Medications in original container (all medications, even over-the-counters, must be checked in with the nurse)

In your Duffle Bag:

*Having fun at camp sometimes means getting dirty. PLEASE do not send new clothing!*

- _______ Underwear & sleepwear
- _______ 3 Complete changes of clothes
- _______ Socks, plus extra ones (campers are required to wear socks and closed-toe shoes at all times)
- _______ Closed-toe shoes
- _______ Boots - waterproof or rubber. It may be muddy and wet!
- _______ Laundry/plastic bag for dirty clothes
- _______ Heavy raincoat and/or poncho (activities continue in the rain)
- _______ Sleeping bag and/or sheets and a blanket
- _______ Pillow
- _______ Watch
- _______ Towel & washcloth
- _______ Flip Flops (can only be worn only at the Pool)
- _______ Shower caddy including:
  - _______ Toothbrush & paste
  - _______ Shampoo & soap
  - _______ Brush/Comb
  - _______ Feminine care items (if necessary)

In your Day Bag/Back Pack:

- _______ Sunscreen (non-aerosol)
- _______ Bug spray (non-aerosol)
- _______ Hat
- _______ Flashlight & extra batteries
- _______ Water bottle (refillable)

Special items for specific programs:

If you are registered for the following activities, you MUST bring these additional items

- **High Ropes OR Zip Line:** Jeans
- **Creeking:** Rubber boots and an extra pair of dry shoes
- **Tie-dye Extravaganza:** Participants are encouraged to bring 1-2 items they wish to dye: white t-shirts, hoodies, socks, shoes, sheets, pillow cases, bandannas, hats, scarves, etc. and at least one black or dark colored shirt as well. **Pre-washed items without fabric softener, 100% natural fiber -cotton, silk, etc. have best results.**

*GSNEO volunteers and staff are not responsible for lost, damaged or stolen items.*