

CADETTE SUMMIT 2021

PROGRAM DESCRIPTIONS



All programs are 75 minutes unless otherwise noted

Choose your own adventure track! All participants will select her Saturday program track during registration. Girls will select a track with a sleeping location. This group of 8 girls will sleep in the same location and have 5 programs together on Saturday.

Remember, this is not a troop event and girls coming together DO NOT need to sign-up for the same track. This is an opportunity to try different things and meet new sister scouts in a safe/fun environment.

- Girls will participate in five (5) programs.
- **Exceptions:** *If a girl chooses High Ropes or FabCab, this activity takes two program sessions.*
- Tracks will fill on a first-come, first-choice basis.
- Participants will NOT be able to change sleeping locations or program tracks after registering

<p>Archery</p>		<p>Come “hit the target.” It does not matter if you have never done archery before or are an experienced shooter. All will learn something & have fun</p>
<p>Canoeing</p>		<p>Practice those canoe strokes and relax on the water with a nice canoe ride! No experience needed to participate. Come learn if you’re new or practice if you have canoed before</p>
<p>Canvas Painting</p>		<p>PAINT ALONG WITH ME CANVAS CREATION Come relax and paint a picture to take home. Not an artist? NO WORRIES. You will be guided through painting the picture and end up with your own piece of art. The end results are always amazing. (representative picture – may not be actual painting during program)</p>
<p>Chocolate Molding</p>		<p>Make a variety of chocolates using candy molds and some other fun treats dipped in chocolate. You will get to take your creations home and have some to taste as well. YUM!</p>
<p>Coaster Tiles</p>		<p>Zentangle - Learn the art of this black and white doodling and after a little practice, you can design your own ceramic tile to take home with you.</p>
<p>Cookie Decoration</p>		<p>Tie-dye cookies? Ever wanted to learn the technique of decorating cookies with royal icing. Learn the technique and then let your creativity run wild.</p>
<p>Crafting - Shrinky Dinks / Friendship Bracelet</p>		<p>Have an opportunity to chill out with some crafts. Make a friendship bracelet and bedazzle it with Shrinky Dinks. Have an opportunity to master both projects.</p>

<p>Creeking</p>		<p>The great outdoors is full of amazing things to see and do, but sometimes it's hard to know where to start! Just come along and discover the fun of Ledgewood's creek! NOTE: All participants MUST bring an extra pair of CLOSED TOE SHOES OR BOOTS. Shoes will get wet and you MUST have dry closed-toe shoes while at camp. Crocs or flip-flops are NOT acceptable!</p>
<p>Crocheting</p>		<p>All skill levels welcome. Learn basic chain stitch and single crochet to make a scarf or more advanced skills like a square, or other stitches. See what you can make with a ball of yarn.</p>
<p>Energy Explorers</p>		<p>Learn about energy. We'll take a glance at our Energy and Electric Grid and what it takes to be an electrical engineer. We'll test out different materials for conductivity and do some cool energy experiments. Girls will earn the First Energy Girl Power Patch.</p>
<p>Escape Room</p>		<p>Find the clues and solve the puzzles, can you escape in time? Clues, puzzles, ciphers and team building activities put together with an awesome story line to create a fun experience the girls will never forget.</p>
<p>FabCab</p>		<p>Explore the FAB CAB and make your own creation. Check out our Laser cutter and 3D printers. *PROGRAM RUNS 2 HOURS so a session will take 2 program slots.</p>
<p>Fishing</p>		<p>What better way to relax than to fish for a little while? No experience necessary.</p>
<p>Fleece Pillows</p>		<p>Come make a no-sew pillow. Go traditional no-sew tie or learn a 'crochet' edge - you decide. Want to add a little bling and customize it - you will have time for that. Great for a travel or camp pillow.</p>
<p>Henna</p>		<p>Learn the history of henna dying and participate in temporarily 'tattooing' yourself with henna designs. NOTE: Henna is a temporary tattoo that dyes the skin from the pigment of henna and typically lasts 3 - 10 days.</p>
<p>High Ropes</p>		<p>*This program takes up 2 time slots. Get ready for your biggest challenge yet! Challenge yourself and cheer on your teammates as you tackle Camp Ledgewood's High Ropes Course. High in the air you will attempt the Wild Woozy, Grapevine, Double Helix and more! NOTE: All participants must weigh between 75-250 pounds. All participants must wear jeans for this program. This event will run in light rain. IT MUST BE INDICATED ON THE HOLD HARMLESS FORM THAT A GIRL CAN PARTICPATE IN THIS PROGRAM.</p>

<p>Jewelry Making</p>	 <p>Good Luck Rice</p>	<p>Making a necklace or bracelet rice pendant. Write your name or a positive word on rice. Pick out your favorite charm and beads to finish the necklace or bracelet.</p>
<p>Journaling (Bullet Journals)</p>		<p>How to create a bullet journal to stay organized, track activities, brain dump, and for fun!</p>
<p>Manga Drawing</p>		<p>Come learn basic drawing techniques of anime with special attention to eyes, basic character outlines and types of anime styles. What will you create once you learn the basic techniques? Only your creativity knows.</p>
<p>Needlepoint/ Cross Stitch</p>		<p>Learn some basic cross-stitch or needlepoint. Learn how to thread your needle, hide the end, and change colors. Start and maybe even finish a small project.</p>
<p>Pie Iron Cooking</p>		<p>It's time to show off your mad cooking skills – around the campfire! You will receive a set of ingredients, and it's up to you to create a delicious pie iron creation. You will be challenged to create something new and special! No cooking/baking experience required.</p>
<p>Rock Climbing</p>		<p>Discover the adventure and challenge of rock climbing. With our mobile rock wall, you will learn the basic safety requirements, and then experience the Mobile Wall whether this is your first time, or you have climbing experience, you have a great time navigating the different climbing faces and conquering your fears.</p>
<p>Sewing (Beginner)</p>		<p>Learn the parts of a sewing machine and have the opportunity to learn how to sew with a small project like a bag or pillowcase.</p>
<p>Soap making (no lye)</p>		<p>Make soap from soap base (glycerin, goats milk base etc.). Using molds to form. Girls can add dried lavender and other herbs to soap and essential oils</p>
<p>Stain Glass T-shirts</p>		<p>Come design a t-shirt with a “stain-glass” effect. The possibilities are endless. Bring a pre-washed 100% cotton black or dark fabric item like a t-shirt or bandana.</p>
<p>Story Writing</p>		<p>A writing workshop where we work on the basics of story writing. From dialogue to description and characters, we go over it all! At the end of the session, you will have a fully fledged story that you can share with the world!</p>

<p>Tie Dye Cake</p>		<p>Make a Tie-Dye cake baked in a mason jar!</p>
<p>T-shirt Making</p>		<p>Use Cricut Software to heat press a design on t-shirt</p>
<p>Vinyl Record Painting</p>		<p>Get into the theme of Cadette Summit - with Records. Paint on a vinyl record for a memorable item to take home to remember the weekend.</p>
<p>Zip Lining</p>		<p>Calling all adventure seekers! Soar above Camp LedgeWood and experience camp's beauty from new heights. Note: All participants must weigh between 70-250 pounds. All participants must wear jeans for this program. This program will run in light rain. IT MUST BE INDICATED ON THE HOLD HARMLESS FORM THAT A GIRL CAN PARTICIPATE IN THIS PROGRAM.</p>

PICK YOUR TRACK - These are the lodging types and activities that you have the opportunity to choose from for the weekend. You must select a track based on Sleeping and Activities. You CANNOT CHANGE sleeping location or activity tracks once you register.

Saturday Session Schedule:

- Session 1: 9:00am-10:15am
- Session 2: 10:30am-11:45am
- Session 3: 1:00pm-2:15pm
- Session 4: 2:30pm-3:45pm
- Session 5: 4:00pm-5:15pm

<p>TRACK 1 Cabin w/Shower (\$80)</p>	<p>TRACK 2 Cabin w/Latrine (\$70)</p>	<p>TRACK 3 Adirondack w/Latrine (\$65)</p>	<p>TRACK 4 Cabin w/Latrine (\$70)</p>	<p>TRACK 5 Adirondack w/Latrine (\$65)</p>
<p>High Ropes (extended 1.5 session)</p>	<p>Needle point Tie-Dye Cake</p>	<p>Crafting: Shrinky Dinks Henna</p>	<p>Zip Line Jewelry Making</p>	<p>Vinyl Record Painting Zip Line</p>
<p>Pie Iron Cooking Escape Room</p>	<p>High Ropes (extended 1.5 session)</p>	<p>Chocolate Molding High Ropes (extended 1.5 session)</p>	<p>Creeking Coaster Tile</p>	<p>Fishing Tie-Dye Cake</p>
<p>Fleece Pillow</p>	<p>Stain Glass T-Shirt</p>	<p>High Ropes (extended 1.5 session)</p>	<p>Cookie Decorating</p>	<p>Crafting: Shrinky Dinks</p>

TRACK 6 Cabin w/Shower (\$80)	TRACK 7 DAY PARTICIPANT (\$50)	TRACK 8 Cabin w/Latrine (\$70)	TRACK 9 Tent w/Latrine (\$65)	TRACK 10 Tent w/Latrine (\$65)
Energy Explorer	Soap Making	Henna	Archery	Escape Room
Needle point	Escape Room	Sewing	Fishing	Archery
Zip Line	T-Shirt Making	Crocheting	Fleece Pillow	Coaster Tiles
Canvas Painting	Zip Line	Crafting: Shrinky Dinks	Crocheting	Cookie Decorating
Pie Iron Cooking	Chocolate Molding	Zip Line	Canvas Painting	Rock Climbing

TRACK 11 DAY PARTICIPANT (\$50)	TRACK 12 Adirondack w/Latrine (\$65)	TRACK 13 DAY PARTICIPANT (\$50)	TRACK 14 Cabin w/ Restroom (\$75)	TRACK 15 Cabin w/Latrine (\$70)
Jewelry Making	Pie Iron Cooking	Fleece Pillow	Canoe	Journaling
Energy Explorer	Creeking	Stain Glass T-Shirt	Vinyl Records	Canoe
Archery	Needle point	Rock Climbing	Crafting: Shrinky Dinks	Canvas Painting
Pie Iron Cooking	Archery	Fishing	Energy Explorer	Rock Climbing
Story Writing	Sewing	Archery	Tie-Dye Cake	T-Shirt Making

TRACK 16 Hammock w/Latrine (\$70)	TRACK 17 Cabin w/Shower (\$80)	TRACK 18 Cabin w/Restroom (\$75)	TRACK 19 Cabin w/Latrine (\$70)	TRACK 20 Cabin w/Shower (\$80)
T-Shirt Making	Coaster Tiles	Fab Cab (2 session duration)	Rock Climbing	Fishing
Soap Making	T-Shirt Making		Journaling	Rock Climbing
Canoe	Cookie Decorating	Stain Glass T-Shirt	Sewing	Fab Cab (2 session duration)
Fleece Pillow	Canoe	Pie Iron Cooking	Chocolate Molding	
Pie Iron Cooking	Manga Drawing	Canoe	Creeking	Escape Room