CORE Camp Packing List

**In a separate bag for Check-In:**

- Activity, Consent & Hold Harmless Form
- Personal Health and Medical Record Form

**In your duffle bag/suitcase:**

Having fun at camp sometimes means getting dirty. PLEASE do not send new clothing!

- Underwear and sleepwear
- Shorts, pants, and shirts
- Warm clothes for cool evenings
- Socks – Campers are required to wear socks and closed-toe shoes at all times (pack extra socks!)
- 2 pairs of sturdy, comfortable closed-toe shoes or boots
- Laundry/plastic bag for dirty clothes
- Heavy raincoat and/or poncho (activities continue in the rain)
- Sleeping bag and/or sheets, pillow
- Swimsuit
- 1-2 towels and washcloths (pack a towel for the shower and one for the pool)
- Flip-flops (to be used at the pool only)
- Shower caddy including:
  - Toothbrush and paste
  - Shampoo and soap
  - Brush/comb
  - Feminine care items (if necessary)

Please put camper's name on all items brought to camp.
GSNEO is not responsible for lost, stolen, or damaged items.
**Extra optional items:**

- Camera
- Tissues
- Extra blanket
- Small stuffed animal
- Any medication to be given to your troop’s First Aid/CPR certified adult

**In your day bag/backpack:**

- Sunscreen
- Bug spray
- Hat
- Flashlight and extra batteries
- Water bottle

**For Troop Adults:**

- First Aid/CPR certified adult should bring a First Aid Kit
- Additional snacks for your troop (if staying in a tent unit, these items must be locked up at night)
- Any badge/Journey/activity that your Troop is working on if you’d like to work on it during “Troop Time”

**Do not bring the following to camp:**

- MP3 players, iPods, computers, tablets, handheld video games, televisions, or electric appliances
- Any sentimental/valuable items such as jewelry, etc.
- Any spaghetti strap tops or shorts that are shorter than the camper’s fingertips. This is to prevent sunburn and excessive bug bites. Open-toed shoes or sandals are only permitted to be worn at the pool house.
- NO CAMPERS ARE PERMITTED TO HAVE CELL PHONES AT CAMP.

*Please put camper’s name on all items brought to camp. GSNEO is not responsible for lost, stolen, or damaged items.*